

Fiscal Year 2024

Low Income Home Energy Assistance Program Income Eligibility

Number of people in the household	100% of Federal Poverty Level	125% of Federal Poverty Level	150% of Federal Poverty Level	175% of Federal Poverty Level	200% of Federal Poverty Level	60% of Estimated State Median Income
1	\$14,580	\$18,225	\$21,870	\$25,515	\$29,160	\$45,392
2	\$19,720	\$24,650	\$29,580	\$34,510	\$39,440	\$59,359
3	\$24,860	\$31,075	\$37,290	\$43,505	\$49,720	\$73,326
4	\$30,000	\$37,500	\$45,000	\$52,500	\$60,000	\$87,297
5	\$35,140	\$43,925	\$52,710	\$61,495	\$70,280	\$101,261
6	\$40,280	\$50,350	\$60,420	\$70,490	\$80,560	\$115,228
7	\$45,420	\$56,775	\$68,130	\$79,485	\$90,840	\$117,846
8	\$50,560	\$63,200	\$75,840	\$88,480	\$101,120	\$120,465
9	\$55,700	\$69,625	\$83,550	\$97,475	\$111,400	\$123,084
10	\$60,840	\$76,050	\$91,260	\$106,470	\$121,680	\$125,703

ENERGY ASSISTANCE



2023 - 2024 COLD RELIEF BROCHURE

Contact Us

For more information about our services:

Massachusetts Executive Office of Housing & Livable Communities

- 617.573.1100
- www.mass.gov/EOHLC
- 100 Cambridge Street Suite 300
Boston, MA 02114



Apply Online!

New and returning households may apply for home energy assistance online via the applicant portal! Simply visit <https://www.toapply.org/MassLIHEAP> (or scan the QR code)! Your local agency is available to assist you.



Energy Saving Tips

Caulk and weatherstrip doors and windows that leak air.

- When home, turn down the heat to 68° F or as low as comfortable.
- When you are asleep or away from home, turn thermostat back 7° to 10° for eight hours and save as much as 10% a year on your heating and cooling bills.
- Consider changing to a programmable thermostat.
- Turn down the temperature of your hot water heater to 120°.
- Have your oil-fired heating system serviced annually or your gas-fired heating system serviced every three years.
- Clean or replace furnace filters every other month.
- Keep the fireplace flue damper closed unless a fire is burning.
- Check that warm-air registers, baseboard heaters and radiators are not blocked by furniture or drapes.
- During the winter heating season, close your curtains and shades at night; open them during the day.



Our Services

Home Energy Assistance - LIHEAP

Helps pay a portion of eligible households' home heating bills during the winter season.

HEARTWAP

A year-round program that serves LIHEAP-eligible households with heating system repair, replacement and maintenance services.

Weatherization Assistance Program

A year-round program that serves LIHEAP-eligible households with air sealing, attic/sidewall insulation, weatherstripping, and weatherization related repairs.



ENERGY ASSISTANCE AGENCIES

To find the local energy assistance agency nearest you, match the number beside the city/town listing on the following page to the agency number listed here.

1a
Action for Boston Community Development, Inc. (ABCD)
178 Tremont Street
Boston, MA 02111
(617) 357-6012
HWAP - 617-348-6441-Arlington
www.bostonabcd.org

1b
Action for Boston Community Development, Inc. / Malden (ABCD/Malden)
18 Dartmouth Street
Malden, MA 02148
(781) 322-6284
www.bostonabcd.org

2
Action, Inc.
47 Washington Street
Gloucester, MA 01930
(978) 281-3900
1-800-696-9276
www.actioninc.org

3
Berkshire Community Action Council, Inc. (BCAC)
1531 East Street
Pittsfield, MA 01201
(413) 445-4503 - Pittsfield
(413) 663-3014 - North Adams
(413) 528-1947 - Great Barrington
1-866-216-6200 - Toll Free
www.bcacinc.org

4
Community Action, Inc. (CAI)
3 Washington Square
Haverhill, MA 01830
(978) 374-7660 Auto line
(978) 373-1971 - Haverhill
www.communityactioninc.org

5
City of Cambridge, Department of Human Services
51 Inman Street
Cambridge, MA 02139
(617) 349-6252
www.cambridgema.gov/DHSP

6
Community Action Programs Inter-City, Inc. (CAPIC)
100 Everett Street, Unit 14
Chelsea, MA 02150
(617) 884-6130
www.capicinc.org

7
Citizens for Citizens (CFC)
250 Griffin Street
Fall River, MA 02724
(508) 679-0041 - Fall River
(508) 823-6346 - Taunton
(508) 676-7398 - Information
(508) 675-2157—HWAP / WAP
www.cfcinc.org

8
Community Teamwork, Inc. (CTI)
45 Kirk Street
Lowell, MA 01852
(978) 459-6161 - Lowell
1-877-451-1082 - Toll Free
www.commteam.org

9
Community Action Pioneer Valley
393 Main Street
Greenfield, MA 01301
(413) 774-2310
1-800-370-0940 - Toll Free
www.communityaction.us

10
Greater Lawrence Community Action Council, Inc. (GLCAC)
305 Essex Street
Lawrence, MA 01840
(978) 681-4950 - Lawrence
(781) 942-6608 - Reading
(978) 664-5600 - North Reading
(978) 983-8825 - Methuen
(978) 681-4955 - WAP/HWAP
www.glcac.org

11
Housing Assistance Corporation (HAC)
460 West Main Street
Hyannis, MA 02601
(508) 771-5400
www.haconcapecod.org

12
LEO, Inc.
181 Union Street Suite 209
Lynn, MA 01901
(781) 581-7220
www.leoinc.org

13
Making Opportunity Count, Inc. (MOC)
Energy & Environmental Services
601 River Street
Fitchburg, MA 01420
(978) 342-7025
www.mocinc.org

14
North Shore Community Action Programs, Inc. (NSCAP)
119 Rear Foster Street, Bldg. 13
Peabody, MA 01960
(978) 531-8810, Info/App. Status
(978) 548-5729, Appointments
www.nscap.org

15
People Acting in Community Endeavors, Inc. (PACE)
261 Union Street
New Bedford, MA 02740
(508) 999-9920
308 Cottage Street
New Bedford, MA 02740
(508) 999-4473
www.paceinfo.org

16
Quincy Community Action Programs, Inc. (QCAP)
1509 Hancock Street, 4th Floor
Quincy, MA 02169
(617) 479-8181, ext. 301
www.qcap.org

17
Springfield Partners for Community Action, Inc. (SPCA)
721 State Street, 2nd Floor
Springfield, MA 01109
(413) 263-6500
www.springfieldpartnersinc.com

18
Self Help, Inc. (SHI)
1362 Main Street
Brockton, MA 02301
(508) 226-4192 - Attleboro
(508) 588-5440 - Brockton
1-800-225-0875 - Toll Free
www.selfhelpinc.org

19
South Middlesex Opportunity Council, Inc. (SMOC)
7 Bishop Street
Framingham, MA 01702
(508) 620-1230 - Framingham
1-800-286-6776
www.smoc.org

20
City of Springfield, Office of Community Development
1600 East Columbus Avenue
Springfield, MA 01103
(413) 787-6500
www.springfield-ma.gov

21
South Shore Community Action Council, Inc. (SSCAC)
71 Obery Street
Plymouth, MA 02360
(508) 746-6707
(508) 778-0870 - Hyannis (Nov - April)
1-877-383-5243 - Toll Free
www.sscac.org

22
Valley Opportunity Council, Inc. (VOC)
300 High Street
Holyoke, MA 01040
(413) 552-1548
www.valleyopp.com

23
Worcester Community Action Council, Inc. (WCAC)
484 Main Street, 2nd Floor
Worcester, MA 01608
1-800-545-4577 - Toll Free
(508) 754-1176, ext. 110, Worcester
(508) 754-7281—24 hour app info line
www.wcac.net

Other Related Resources

For utility company problems, please call

Department of Public Utilities (DPU)

1-877-886-5066

E-Mail: DPUConsumer.Complaints@mass.gov

For information on other essential social service programs:

Call Mass 2-1-1 by dialing 211 or go to

www.mass211.org

For limited-income households that are ineligible for home energy assistance, please contact:

The Good Neighbor Energy Fund, operated by your local Salvation Army

In area codes 617, 508, 781 or 978, call 1-800-334-3047

In area code 413, call 1-800-262-1320

www.magoodneighbor.org



MA 2-1-1

MA Good Neighbor



Community Listings for EA—Energy Assistance W—Weatherization HS—Heating Services

	FA	W	H		FA	W	H		FA	W	H		FA	W	H		FA	W	H
Abington	18	18	18	Dalton	3	3	3	Hudson	19	19	19	North Attleboro	18	18	18	Springfield	22	17	20
Acton	19	19	19	Danvers	14	2	2	Hull	21	21	21	North Brookfield	23	23	23	Sterling	13	13	13
Acushnet	15	7	7	Dartmouth	15	7	7	Huntington	9	9	9	North Reading	10	10	10	Stockbridge	3	3	3
Adams	3	3	3	Dedham	18	18	18	Ipswich	2	2	2	Northampton	9	9	9	Stoneham	1b	6	6
Agawam	22	17	22	Deerfield	9	9	9	Kingston	21	21	21	Northborough	19	19	19	Stoughton	18	18	18
Alford	3	3	3	Dennis	21	11	11	Lakeville	7	7	7	Northbridge	19	19	19	Stow	19	19	19
Amesbury	4	2	4	Dighton	7	7	7	Lancaster	13	13	13	Northfield	9	9	9	Sturbridge	23	23	23
Amherst	9	9	9	Douglas	23	23	23	Lanesborough	3	3	3	Norton	18	18	18	Sudbury	19	19	19
Andover	10	10	10	Dover	19	19	19	Lawrence	10	10	10	Norwell	21	21	21	Sunderland	9	9	9
Aquinnah	21	11	11	Dracut	8	8	8	Lee	3	3	3	Norwood	18	18	18	Sutton	23	23	23
Arlington	8	6	1a	Dudley	23	23	23	Leicester	23	23	23	Oak Bluffs	21	11	11	Swampscott	12	2	2
Ashburnham	13	13	13	Dunstable	8	8	8	Lenox	3	3	3	Oakham	23	23	23	Swansea	7	7	7
Ashby	13	13	13	Duxbury	21	21	21	Leominster	13	13	13	Orange	9	9	9	Taunton	7	7	7
Ashfield	9	9	9	East Bridgewater	18	18	18	Leverett	9	9	9	Orleans	21	11	11	Templeton	13	13	13
Ashland	19	19	19	East Brookfield	23	23	23	Lexington	8	6	1a	Otis	3	3	3	Tewksbury	8	8	8
Athol	13	13	13	E. Longmeadow	22	17	22	Leyden	9	9	9	Oxford	23	23	23	Tisbury	21	11	11
Attleboro	18	18	18	Eastham	21	11	11	Lincoln	19	19	19	Palmer	22	17	22	Tolland	22	17	22
Auburn	23	23	23	Easthampton	9	9	9	Littleton	19	19	19	Paxton	23	23	23	Topsfield	14	2	2
Avon	18	18	18	Easton	18	18	18	Longmeadow	22	17	22	Peabody	14	2	2	Townsend	13	13	13
Ayer	13	13	13	Edgartown	21	11	11	Lowell	8	8	8	Pelham	9	9	9	Truro	21	11	11
Barnstable	21	11	11	Egremont	3	3	3	Ludlow	22	17	22	Pembroke	21	21	21	Tyngsborough	8	8	8
Barre	13	13	13	Erving	9	9	9	Lunenburg	13	13	13	Pepperell	8	8	8	Tyringham	3	3	3
Becket	3	3	3	Essex	2	2	2	Lynn	12	2	2	Peru	3	3	3	Upton	19	19	19
Bedford	8	8	8	Everett	1b	6	6	Lynnfield	12	2	2	Petersham	13	13	13	Uxbridge	19	19	19
Belchertown	9	9	9	Fairhaven	15	7	7	Malden	1b	6	6	Phillipston	13	13	13	Wakefield	12	6	2
Bellingham	19	19	19	Fall River	7	7	7	Manchester	2	2	2	Pittsfield	3	3	3	Wales	22	17	22
Belmont	8	6	1a	Falmouth	21	11	11	Mansfield	18	18	18	Plainfield	9	9	9	Walpole	18	18	18
Berkley	7	7	7	Fitchburg	13	13	13	Marblehead	14	2	2	Plainville	18	18	18	Waltham	8	6	1a
Berlin	13	13	13	Florida	3	3	3	Marion	15	7	7	Plymouth	21	21	21	Ware	9	9	9
Bernardston	9	9	9	Foxborough	18	18	18	Marlborough	19	19	19	Plympton	21	21	21	Wareham	21	11	11
Beverly	14	2	2	Framingham	19	19	19	Marshfield	21	21	21	Princeton	13	13	13	Warren	23	23	23
Billerica	8	8	8	Franklin	18	18	18	Mashpee	21	11	11	Provincetown	21	11	11	Warwick	9	9	9
Blackstone	19	19	19	Freetown	7	7	7	Mattapoisett	15	7	7	Quincy	16	16	16	Washington	3	3	3
Blandford	22	17	22	Gardner	13	13	13	Maynard	19	19	19	Randolph	18	18	18	Watertown	8	6	1a
Bolton	13	13	13	Georgetown	4	2	4	Medfield	19	19	19	Raynham	18	18	18	Wayland	19	19	19
Boston	1a	1a	1a	Gill	9	9	9	Medford	1b	6	6	Reading	10	10	10	Webster	23	23	23
Bourne	21	11	11	Gloucester	2	2	2	Medway	19	19	19	Rehoboth	7	7	7	Wellesley	19	19	19
Boxborough	19	19	19	Goshen	9	9	9	Melrose	1b	6	6	Revere	6	6	6	Wellfleet	21	11	11
Boxford	4	2	4	Gosnold	21	11	11	Mendon	19	19	19	Richmond	3	3	3	Wendell	9	9	9
Boylston	23	23	23	Grafton	19	19	19	Merrimac	4	2	4	Rochester	15	7	7	Wenham	2	2	2
Braintree	16	16	16	Granby	9	9	9	Methuen	10	10	10	Rockland	18	18	18	W. Boylston	23	23	23
Brewster	21	11	11	Granville	22	17	22	Middleborough	21	21	21	Rockport	2	2	2	W. Bridgewater	18	18	18
Bridgewater	18	18	18	Gr. Barrington	3	3	3	Middlefield	9	9	9	Rowe	9	9	9	W. Brookfield	23	23	23
Brimfield	22	17	22	Greenfield	9	9	9	Middleton	14	2	2	Rowley	4	2	4	W. Newbury	4	2	4
Brockton	18	18	18	Groton	8	8	8	Milford	19	19	19	Royalston	13	13	13	W. Springfield	22	17	22
Brookfield	23	23	23	Groveland	4	2	4	Millbury	23	23	23	Russell	22	17	22	W. Stockbridge	3	3	3
Brookline	1a	1a	1a	Hadley	9	9	9	Millis	19	19	19	Rutland	23	23	23	W. Tisbury	21	11	11
Buckland	9	9	9	Halifax	21	21	21	Millville	19	19	19	Salem	14	2	2	Westborough	19	19	19
Burlington	8	8	8	Hamilton	2	2	2	Milton	16	16	16	Salisbury	4	2	4	Westfield	22	17	22
Cambridge	5	6	1a	Hampden	22	17	22	Monroe	9	9	9	Sandisfield	3	3	3	Westford	8	8	8
Canton	18	18	18	Hancock	3	3	3	Monson	22	17	22	Sandwich	21	11	11	Westhampton	9	9	9
Carlisle	8	8	8	Hanover	21	21	21	Montague	9	9	9	Saugus	12	2	2	Westminster	13	13	13
Carver	21	21	21	Hanson	18	18	18	Monterey	3	3	3	Savoy	3	3	3	Weston	19	19	19
Charlemont	9	9	9	Hardwick	13	13	13	Montgomery	22	17	22	Scituate	21	21	21	Westport	7	7	7
Charlton	23	23	23	Harvard	13	13	13	Mt. Washington	3	3	3	Seekonk	7	7	7	Westwood	18	18	18
Chatham	21	11	11	Harwich	21	11	11	Nahant	12	2	2	Sharon	18	18	18	Weymouth	16	16	16
Chelmsford	8	8	8	Hatfield	9	9	9	Nantucket	21	11	11	Sheffield	3	3	3	Whately	9	9	9
Chelsea	6	6	6	Haverhill	4	2	4	Natick	19	19	19	Shelburne	9	9	9	Whitman	18	18	18
Cheshire	3	3	3	Hawley	9	9	9	Needham	18	18	18	Sherborn	19	19	19	Wilbraham	22	17	22
Chester	22	17	22	Heath	9	9	9	New Ashford	3	3	3	Shirley	13	13	13	Williamsburg	9	9	9
Chesterfield	9	9	9	Hingham	21	21	21	New Bedford	15	7	7	Shrewsbury	19	19	19	Williamstown	3	3	3
Chicopee	22	17	22	Hinsdale	3	3	3	New Braintree	13	13	13	Shutesbury	9	9	9	Wilmington	8	8	8
Chilmark	21	11	11	Holbrook	18	18	18	New Marlborough	3	3	3	Somerset	7	7	7	Winchendon	13	13	13
Clarksburg	3	3	3	Holden	23	23	23	New Salem	9	9	9	Somerville	5	6	1a	Winchester	1b	6	6
Clinton	13	13	13	Holland	22	17	22	Newbury	4	2	4	Southborough	19	19	19	Windsor	3	3	3
Cohasset	21	21	21	Holliston	19	19	19	Newburyport	4	2	4	Southbridge	23	23	23	Winthrop	6	6	6
Colrain	9	9	9	Holyoke	22	17	22	Newton	1a	1a	1a	South Hadley	9	9	9	Woburn	1b	6	6
Concord	19	19	19	Hopedale	19	19	19	Norfolk	18	18	18	Southampton	9	9	9	Worcester	23	23	23
Conway	9	9	9	Hopkinton	19	19	19	North Adams	3	3	3	Southwick	22	17	22	Worthington	9	9	9
Cummington	9	9	9	Hubbardston	13	13	13	North Andover	10	10	10	Spencer	23	23	23	Yarmouth	21	11	11